

**McLEAN**  
**YOUTH ORCHESTRA**  
PAULINE (TINA) ANDERSON, Music Director

2009-2010  
**Handbook for**  
**Musicians and Parents**

**Mailing Address:**  
**P.O. Box 760**  
**McLean, VA 22101**

**Phone: 703-893-8646**  
**www.mclean-orchestra.org**

**If you still can't find what you need, [myo@mclean-orchestra.org](mailto:myo@mclean-orchestra.org), or 703-451-2399.**

# McLean Youth Orchestra Staff & Volunteers

## **MUSIC DIRECTOR**

Pauline (Tina) Anderson  
(703) 451-2399  
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## **ASSISTANT TO MS. ANDERSON**

Dr. Deborah R. Volker  
[Dr.Volker7@aol.com](mailto:Dr.Volker7@aol.com)

## **PRESIDENT OF MCLEAN ORCHESTRA BOARD OF TRUSTEES**

Elizabeth McDaniel

## **LIBRARIAN**

Dawn Logan  
[drmlogan@comcast.net](mailto:drmlogan@comcast.net)  
Cell: 703-403-3108  
Home: 703-241-7415

## **PRODUCTION MANAGER**

Craig Teer

## **McLEAN YOUTH ORCHESTRA REPRESENTATIVE TO THE BOARD OF TRUSTEES**

Pat Friend  
Email: [pck9@cornell.edu](mailto:pck9@cornell.edu) (preferred) or [myo@mclean-orchestra.org](mailto:myo@mclean-orchestra.org)  
Home: 703-918-0055 (2<sup>nd</sup> choice – please leave a message)

## **McLEAN ORCHESTRA EXECUTIVE DIRECTOR, WEBMASTER, and EMAIL ADMINSTRATOR**

John Huling  
(703) 893-8646  
[exec@mclean-orchestra.org](mailto:exec@mclean-orchestra.org)

The McLean Youth Orchestra operates under the auspices of the McLean Orchestra

**The policies described in this handbook are subject to change at the McLean  
Orchestra Office's discretion without formal revision of this handbook.**

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## INTRODUCTION

### THE MISSION STATEMENT

The mission of the McLean Youth Orchestra (MYO) is to provide the finest quality orchestral training and performance opportunities for students in the Northern Virginia and surrounding areas, with the support of the McLean Orchestra.

### INTRODUCTION

The McLean Orchestra established the McLean Youth Orchestra (MYO) in 1983 and continues to provide financial and administrative support. Under the direction of Pauline B. Anderson, the MYO is designed for musicians between the ages of 12 and 18 and affords serious music students the opportunity to play in an accomplished orchestra while developing their musical skills. Three major concerts are presented each year. Additional concerts by small ensembles and combined concerts with the McLean Orchestra may be given upon invitation.

In addition to presenting concerts with professional guest artists, there are social opportunities within the membership and exchanges with other young musicians, including the Chiba Youth Orchestra in Japan. Senior members often hold principal chairs in their high school orchestras and may be recommended to apply for an audition with the McLean Orchestra.

The MYO's program has been carefully planned to allow students to participate in concerts and rehearsals without conflicts with their own school orchestra programs. Weekly sessions and monthly sectional tutoring provide an opportunity for a rich musical experience for our talented youngsters.

The MYO will be developed and enhanced on a continuing basis. Some of the young musicians of today will become professional musicians, but almost all of them will become part of tomorrow's educated classical music audience. An interest in and love of classical music is easiest developed early in a child's life. We believe that the battle to create and maintain that interest through adulthood must be nourished unrelentingly.

It is the expressed belief of the Board of Trustees and the staff of the McLean Orchestra that ***the opportunity to participate in the McLean Youth Orchestra requires a serious commitment on the part of the young musicians and their families.*** Cooperation in following the guidelines set forth in this handbook will help the MYO to achieve a rewarding experience for all the members of the orchestra.

The McLean Youth Orchestra accepts applicants based on their musical ability, without regard to sex, race, religion, disability, or national origin.

## IMPORTANT DATES

Date	Event/Activity	Place
3 October 2009	Orientation for parents 9 - 10 am, full rehearsal 10am - 12pm	St Dunstan's
10 October 2009	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
17 October 2009	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
24 October 2009	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
24 October 2009	McLean Orchestra Concert <i>Revolution</i> - 8 pm - Optional	Oakcrest
31 October 2009	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
7 November 2009	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
14 November 2009	Full rehearsal 9am - 12 pm; Seating	St Dunstan's
TBD	Possible additional rehearsal if needed, may be mid-week	
21 November 2009	Full rehearsal 9am - 12 pm; Parent meeting 9 am	St Dunstan's
28 November 2009	NO REHEARSAL -- THANKSGIVING BREAK	
5 December 2009	Dress rehearsal 1 pm - 4 pm	Oakcrest
6 December 2009	Concert #1 - 3pm, call 1:30 pm	Oakcrest
12 December 2009	McLean Orchestra Concert <i>Voices of Angels</i> - 8 pm - Optional	Oakcrest
13 December 2009	McLean Orchestra Concert <i>Voices of Angels</i> - 3 pm - Optional	Oakcrest
	<b>Information for January 2010 on is tentative. Final schedule to be announced in November.</b>	
9 January 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
16 January 2010	Parent meeting 9 am, Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
23 January 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
30 January 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
6 February 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
13 February 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
13 February 2010	McLean Orchestra Concert <i>Sweet Sorrow</i> - 8 pm - Optional	Oakcrest
20 February 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
27 February 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
28 February 2010	Henrietta Anderson Recital (likely)	Lyceum
6 March 2010	Full rehearsal 9am - 12 pm; Parent meeting 9 am	Oakcrest
13 March 2010	Full rehearsal 9am - 12 pm	St Dunstan's
20 March 2010	Likely dress rehearsal 1 pm - 4 pm - TBD	St Dunstan's
20 March 2010	McLean Orchestra Concert <i>A Season for All</i> - 8 pm - Optional	Oakcrest
21 March 2010	Likely Concert #2 - TBA poss 3pm, call 1:30 pm	Oakcrest
27 March 2010	NO REHEARSAL -- SPRING BREAK	
3 April 2010	NO REHEARSAL -- SPRING BREAK	
10 April 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
17 April 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
24 April 2010	Strings 9am - 12 pm; Winds 9am - 11 am	St Dunstan's
1 May 2010	Full rehearsal 9am - 12 pm; Parent meeting 9 am; Seating	St Dunstan's
8 May 2010	Full rehearsal 9am - 12 pm	St Dunstan's
8 May 2010	McLean Orchestra Concert <i>Reformation</i> - 8 pm - Optional	Oakcrest
15 May 2010	Dress rehearsal 9am - 12pm	St Luke's
16 May 2010	Concert #3 - 4 pm, call 2:30 pm	St Luke's

**Dates, times, and locations are subject to change. Changes will be announced at rehearsals, by email and at [www.mclean-orchestra.org/myo](http://www.mclean-orchestra.org/myo)**

# ORCHESTRA MEMBER AGREEMENT

## *I. ATTENDANCE*

The McLean Youth Orchestra plays three concerts a season – each concert quarter has seven to eight rehearsal weeks. Each player will be allowed 2 excused absences. Excused means advance notice to conductor by phone or letter, describing the reason for the absence. If the student must be absent again beyond that, he/she must play for the director, which will confirm his or her continuation in MYO. Attendance will be taken each Sat. morning by a parent monitor. Students may not be tardy – if a student is tardy 3 times, this will constitute an absence.

All rehearsals are considered mandatory. The first and second rehearsals of the quarter are critical, as the assessment of musical selections and concert consistency must be determined.

**Musicians are expected to be present at, on time to, and remain for the entire duration of all rehearsals, dress rehearsals and concerts.** Announcements are made each week. Leaving the rehearsal early is disturbing to the conductor and other musicians and this will not be an acceptable practice. It is vital that every musician is seated, tuned, and ready to begin rehearsal on time. 100 percent attendance is important for the orchestra as a whole in order to have complete and worthwhile rehearsals. [Note that at various times throughout the year, alternative guidelines may be implemented for wind players, as with the shortened rehearsals for wind/brass players outlined below.] In order to meet the demands of the music and achieve the artistic level that we all want for the MYO, we need to enforce these procedures.

- Attendance at the dress rehearsal is required in order to be able to perform the concert.
- Absence is permitted only in cases of illness, emergency, or special circumstances which must be prearranged with the director.
- A leave of absence can be granted by the conductor only in extreme situations, such as a lengthy illness.
- Every effort will be made to have a rehearsal “order” so brass players can leave at the break (11 am); strings will remain until 12 noon. 2 rehearsals before the concert, all members will remain until 12 noon.
- Students who are absent for SAT’s etc. must present an admission confirmation slip (as received from the organization administering the test) to Ms. Anderson in advance of their absence.
- Occasionally some instruments may be dismissed early due to rehearsal needs. Announcements will be made by email. [Note this makes it imperative that all families provide MYO with correct email contact information.] If you have questions, speak to Ms. Anderson.
- The parent monitor who will be at Sat. morning rehearsals will have the director’s authority to dismiss any player for talking or “acting out” and disrupting the rehearsal. The monitor will call the student’s parent or emergency contact to come and pick up the player.

## **ABSENCES**

- **The musician or a parent must inform the conductor AT LEAST ONE (1) DAY IN ADVANCE, when rehearsal will be missed.** If the conductor is not available to take your message personally, a message may be left at (703) 451-2399. Please do not leave messages at the McLean Orchestra office. Please leave a message stating the reason for any absences and a number where you can be reached. Please do not leave calls on Friday night and expect Ms. Anderson to respond before the rehearsal on Saturday. When a musician is expected, but is not present at

rehearsal, the conductor or Assistant will telephone his/her home from the rehearsal. The musician is responsible for material covered during rehearsal, including announcements and should contact the stand partner or section principal prior to the next rehearsal in order to be prepared.

- **Any unavoidable conflicts with dress rehearsal and concert dates must be submitted in writing to the conductor, 45 days prior to the performance, so that a replacement may be found for the concert.** Musicians who have a conflict with a concert are expected to participate in all rehearsals for that concert (except the dress rehearsal). In addition, the musician should give the music folder to the Librarian at his/her last rehearsal.

## **ANNOUNCEMENTS**

Announcements may be made by Ms. Anderson, Dr. Volker or parent representatives during rehearsals. In addition, some information may be sent out via e-mail. Please contact the McLean Orchestra office at [myo@mclean-orchestra.org](mailto:myo@mclean-orchestra.org) if you change your e-mail address. Occasionally, handouts will be disseminated and musicians are expected to take this information home to their parents/guardians. Each week, musicians and parents should share information which has been announced or distributed at rehearsal. Students should also check the MYO website ([www.mclean-orchestra.org](http://www.mclean-orchestra.org)) for further information.

E-mail addresses will be given to the e-mail administrator and MYO Representative to the McLean Orchestra Board. Your e-mail address will never be sent to any other organization.

## **BEHAVIOR**

Good attendance and behavior are necessary from each musician for the success of the orchestra. The reward of participating in an orchestra comes from the pride and satisfaction of working together and achieving musical excellence. Talking or engaging in other activities (i.e. homework) while participating in rehearsal is inappropriate. You are expected to listen quietly if you are not playing and try to be considerate of others who are rehearsing. Any musician causing distractions during orchestra sessions will be reprimanded. Chronic misbehavior is cause for seat reassignment and/or dismissal. Tuition will NOT be refunded if a musician is dismissed due to behavioral problems. Because their participation in the rehearsal may not be continuous, harpists and percussionists may bring a book to rehearsal. Texting and other use of the cell phone during rehearsal will generally not be permitted.

## **II. PRINCIPALS AND SEATING FOR MYO**

- Principals are responsible for orchestra bowings on concert pieces. Principals attend 2 meetings a year, before each concert quarter to assist the director in making musical selections and suggesting solos.
- Principals may play as “extras” when needed by the McLean Orchestra or on quartet jobs in the community or for the McLean Orchestra’s “House Concerts” or “Run Out Concerts.”
- Principals are not exempt from seat testing. Their position is not a given – it is earned by merit, not tenure.
- Any player in the MYO is eligible for the Co-Concert Master position and the Assistant Concertmaster chair. A test etude will be handed out to interested students at the orientation to be heard on a date listed on the schedule/calendar by an outside judge. The concertmaster of the MYO will still remain the choice of the director.
- Chair placement and sitting positions will be determined twice a year by the director on dates published on the master calendar. Attendance and knowledge of music rehearsed will be considered. All players in all sections will be tested.

- Principals are responsible for helping their sections during sectional rehearsals. They may be assisted by an adult player.
- Principals will arrange substitutes when they are absent with the director's help. If a substitute is to play a concert, he or she must attend two (2) rehearsals prior to the concert.
- Placement for seating prior to a concert is by tape or in person, at times privately outside of rehearsal.

### **III. MUSIC**

Music is entrusted to each orchestra member and must be handled with great care. A folder of music is distributed to each musician at the first rehearsal of a concert program by the Librarian.

- Folders must be signed out within the first two rehearsals of a concert program and returned at the concert, or as instructed. A musician not performing in the concert must return the folder of music prior to the concert. NOTE: The McLean Youth Orchestra will not assume responsibility for personal items left in music folders.
- Non-musical marking of the music is not allowed.
- Musical markings or notations should be made in light to medium pencil ONLY.
- If original music is lost, damaged, and/or not returned at the designated time, the musician will be charged a minimum of \$5.00 per part. The McLean Orchestra will charge musicians accordingly, should cost for replacement exceed this. In the case of rented, borrowed, or out-of-print music, the replacement fee may be a great deal more than \$5.00 per part. The musician may purchase replacement parts of the same edition rather than pay the fee, if this can be done promptly.
- A musician who has failed to return music or pay replacement costs, will not be permitted to participate in orchestra activities until he or she has arranged for replacement of the music.

#### **String Musicians:**

- Bowings are the responsibility of the principal chair and should be worked out with Ms. Anderson. It is then the principal chair's responsibility to make sure the whole section gets a copy. The stand partners have joint responsibility to see that the bowings are transferred into the original parts, within the first three rehearsals for that concert program. Folders with original parts must be used on each stand for all concerts.
- Folders and music must be returned to the orchestra Librarian at the specified time.
- A musician not performing the concert must return the folder of music prior to the dress rehearsal.

#### **Wind and Brass Musicians:**

Each musician is accountable for the music that is contained in his or her folder when it is first issued. In case of any switching of parts (which may occur at the conductor's discretion) each musician involved must immediately inform the orchestra's Librarian. In a case where changes occur, but are not communicated, the individual who originally signed for a particular set of parts will be held responsible for those parts.

#### **Percussion Musicians:**

Percussionists are responsible for assembling, staging and striking percussion equipment at rehearsals and concerts. They are responsible for proper care of all equipment that is owned by the McLean Orchestra or the facility being utilized, or that is on loan or rented. Percussionists are expected to assist with procuring small and/or unusual instruments to complete instrumentation for each concert program.

Percussion parents/guardians are responsible for setting equipment up at all Saturday rehearsals at St. Dunstan's and returning instruments to the designated storage areas at the church. They may also be required to assist the Production Manager (Craig Teer) with transportation and set up of the instruments at concert locations. (Keep your van free! ☺)

<b>Coaches</b>
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Catherine French.....	Keyboard
Darlene Murphy.....	Viola
Erin Page.....	Violins
Shannon Page.....	Winds
Randy Sharp.....	Bass
Craig Teer.....	Percussion
Karin Berkley Velsey.....	Brass
Dr. Deb Volker.....	Violin

<b>REHEARSAL AND CONCERT SITES</b>
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The following is a list of the rehearsal and concert sites. Directions are given for each location, but for more detailed directions, please try the *MapQuest* website at [www.mapquest.com](http://www.mapquest.com). Map Quest will give you door-to-door directions from your place of residence to each rehearsal or concert site listed below.

**Oakcrest High School**

850 Balls Hill Rd.  
McLean, Virginia

- From 495, the Capital Beltway
- Take exit 44 (Rte. 193) East
- At first (1st) light, take a LEFT onto Balls Hill Road.
- Take a LEFT into the school parking lot

**McLean Community Center (Alden Theater)**

1234 Ingleside Avenue  
McLean, Virginia

- From 495, the Capital Beltway
- Take exit 46 (Rte. 123 - toward McLean)
- Take a LEFT onto Ingleside Avenue
- The McLean Community Center will be on your left

**Lyceum**

1201 S Washington Street  
Alexandria, Virginia 22314

- From 495, the Capital Beltway
- Take Exit 177B (US-1 N, Alexandria/Mt Vernon/Old Town Alexandria)
- Bear right on Richmond Highway, continue on S Patrick Street
- Turn right on Duke Street
- Turn right on S Washington Street

**Northern Virginia Community College (Tyler Building)**

3001 North Beauregard Street  
Alexandria, VA 22311-5097

From the South, Capitol Beltway

- Take I-395 North to Exit 4 (Seminary Road West)
- Go west on Seminary Road for three traffic lights
- Turn right on Beauregard Street
- Turn left on Braddock
- Continue to the right halfway around the circle, enter Tyler parking lot.
- Please park in the parking deck.

From the North, Arlington and D.C.

- Take I-395 South to Exit 5 (King Street West)
- Turn left onto Beauregard Street
- Turn right at Braddock.
- Continue to the right halfway around the circle, enter Tyler parking lot.
- Please park in the parking deck.

**St. Luke Catholic Church**

7001 Georgetown Pike  
McLean, Virginia

- From 495, the Capital Beltway
- Take exit 44 (Rte. 193) East
- Go through the light at Balls Hill Road.
- Take a RIGHT into the church parking lot

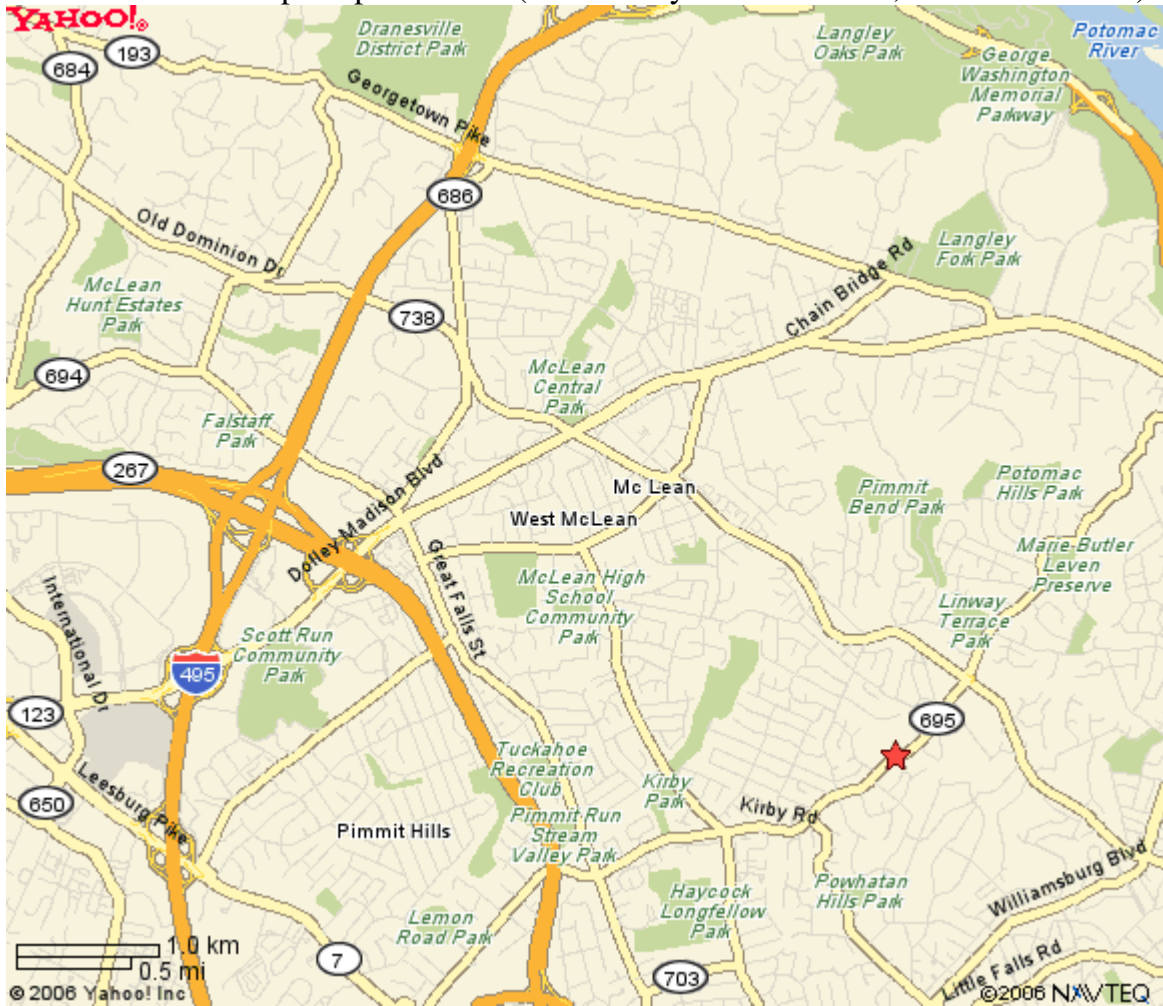
**St. Dunstan's Episcopal Church**

1830 Kirby Road  
McLean, Virginia

- From 495, the Capital Beltway
- Take exit 47 (Route 7 East)
- Take a LEFT onto Idylwood Road (**IDYWOOD TURNS INTO KIRBY ROAD**)
- Stay on Kirby Road until you see St. Dunstan's Episcopal Church on your left.

- Turn LEFT into the parking lot

★ St. Dunstan's Episcopal Church (1830 Kirby Road McLean, VA 22101-5323)



## REHEARSAL INFORMATION

### **Schedule:**

A detailed season schedule of rehearsals and concerts will be handed out at the beginning of each season. There may be last minute changes due to unforeseen events at the church. Email notification of changes will be sent as far in advance as possible.

### **Holidays:**

Rehearsals will not be held during Fairfax County Public School breaks. If it becomes necessary that the conductor call a rehearsal on a school holiday, musicians will be informed in advance that it will be required.

### **Inclement Weather:**

Generally speaking, McLean Youth Orchestra will follow the Fairfax County Public School policy for inclement weather closing.

### **Arrival of Musicians:**

Rehearsals must begin promptly at the times stated. Musicians should arrive at least fifteen (15) minutes prior to the start of rehearsal in order to be seated, warmed-up and ready to play. When the orchestra's conductor signals, the musicians should be seated immediately to begin rehearsal.

### **Break and Snacks:**

There will normally be a short break midway through the rehearsal. Musicians are expected to return to their seats promptly at the conclusion of the break, upon the signal of the conductor.

Water, bagels and fruit are provided at each rehearsal. Each family on the roster will be assigned a week to bring the snacks. Guidance on the amounts generally required will be provided by the Snack Coordinator who remains at rehearsal in order to set up, serve and clean up. With an orchestra of up to 65 players, the cost for the snacks will be approximately \$20-25 per week, generally split between two families.

### **Duration:**

Generally, rehearsals will conclude at the stated time, provided musicians are ready to begin promptly at the times stated in their schedules. The conductor may extend the rehearsal beyond the scheduled time for conclusion if the rehearsal does not begin promptly. The strings must usually remain for the entire rehearsal, but the brass are generally excused at approximately 11 am (except near concert time). Also, please expect that the last regular rehearsal prior to the performance will run late. Special rehearsals and dress rehearsals that do not begin at the regular time will be announced on the hotline.

### **Absences:**

See the Orchestra Member's Agreement for the McLean Youth Orchestra absence policy. Please contact the conductor to report all absences in advance. Questions regarding absences can be referred to the conductor.

### **Music Stands:**

All musicians must bring their music stands to all rehearsals and concerts. Please have your name on your stand and on your stand carrying case. Note: The MYO will not assume responsibility for personal items left at rehearsals or concerts.

**Pencils:** Always bring a pencil with you for marking parts.

### **RULES**

- Students may not study while the orchestra rehearsal is in session (with the exception of the harpist/percussionist mentioned earlier).
- There are many valuable instruments that are owned by our musicians, therefore, students should **NOT TOUCH** others' musical instruments. Damage caused by a student is the responsibility of the student and their parents. Musicians should have their instruments in their cases or in their hands at all times, rather than lying on a chair.

### **Behavior:**

See the Musician's Agreement for the McLean Youth Orchestra statement on behavior. When possible, the McLean Youth Orchestra will follow the following procedure to handle behavior problems. At any time, musicians are subject to seat re-assignment or dismissal from the rehearsal due to misbehavior.

1. If a musician is engaging in inappropriate or disruptive behavior, or is unprepared, the Conductor or coach will speak to the musician individually at break or after rehearsal.
2. If the musician does not correct his/her behavior at subsequent rehearsals, the parent or guardian will be phoned by the conductor.
3. If at this point the musician continues to misbehave, the conductor will set up a meeting with the musician and a parent. If a behavior problem continues after this, the musician will be dismissed.

### **Seating Rotation:**

Seating tests will take place one month in advance of each concert date. The seating test will cover scales, and a section of a current piece being used in that particular concert. **Student may have to play the examples in front of the orchestra when asked by the director.**

At rehearsal, the principal player of each section will randomly call upon a player seated in the back, to sit first stand for that week. Strings will rotate at the discretion of the conductor using the national paper published by Ms. Anderson on orchestra rotation, entitled *Chair and Chair Alike*. Copies are available upon request from Ms. Anderson.

<b>OTHER INFORMATION</b>
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### **Some General Guidelines for Good Rehearsals:**

1. Warm-up carefully, discreetly, and in an organized manner. Others need to hear themselves too.
2. Respond quickly to the conductor's instruction. Keep talking to a minimum.
3. Be considerate when the conductor is working with sections other than your own, and be ready to play again as soon as the conductor asks.
4. Listen to the other parts, and think about how your part fits into the overall texture.

5. Always look at least a measure or two ahead when playing. When sight-reading, play patterns and groups of notes rather than one note at a time.
6. Ask about or look up foreign words and directions that you do not understand.
7. Never view any passage as easy; playing anything well requires practice, skill and concentration. Take nothing for granted and focus on refining details.
8. Avoid getting overly worried about difficult parts – it will only make them more difficult. Take these parts to your private teacher for assistance, and practice them slowly at home with a metronome.
9. When beginning a new work, apply interpretive ideas from other compositions in the same style or period.
10. Show respect to your orchestra’s conductor, assistant, coaches, librarian, McLean Youth Orchestra staff and stage crew, soloists, in addition to your fellow orchestra members.
11. The principal player(s) in your section is/are your leader(s). When you are in doubt, look to a principal player to answer questions about bowings, entrances, and related issues.

## CONCERT INFORMATION

### **PRE-CONCERT EVALUATION**

A committee of principal players, coaches and the parent board representative will meet two weeks prior to each concert to discuss the concert in detail. The music director will be present. The committee will discuss how the music has been prepared; if any changes need to take place with student solos, set ups, or planning.

### **DRESS REHEARSALS**

Attendance at the dress rehearsal is required to perform the concert. Anyone with an unavoidable conflict must submit his or her request to be absent in writing, several weeks in advance (See the Orchestra Member’s Agreement on p.5 for the MYO’s attendance policy).

The “Dress Rehearsal” is defined as the final rehearsal before a concert. This rehearsal is held, whenever possible, on the stage where the concert is to be held. Music is generally run straight through, and any guest soloists on the program rehearse with the orchestra. Unlike a theater or dance program, concert dress is not required or expected. The music is dressed for performance rather than the musicians.

### **CONCERT DRESS**

#### **Girls:**

Long or ankle length black skirt (No spaghetti strap dresses) -or- Black dress slacks  
Black blouse (Winter – long-sleeve/Summer – short-sleeve. No sleeveless blouses)  
Black shoes with black stockings

**NO JEANS, DENIM, SHORTS, NON-BLACK PANTS OR MINI-SKIRTS.**

**Boys:**

Black tuxedo (If you don't have a tuxedo, then a black suit)

White long-sleeve shirt

Black shoes and black socks

Black bow tie

Note that for some performances, all orchestra members will be required to wear the MYO tee-shirt with black pants or slacks, black stockings or socks, and black shoes. These events will be announced at rehearsals.

NO JEANS, DENIM, SHORTS, OR NON-BLACK PANTS.

***FAILURE TO DRESS PROPERLY FOR THE CONCERT WILL RESULT IN THE STUDENT NOT PERFORMING.*** Many of the performances are filmed and it is proper courtesy to the audience, the conductor and to fellow musicians to present a professional appearance.

**CONCERT TICKETS**

General admission is \$5, youth (12 and under) is \$2.50, with a maximum charge of \$15 per family. Concert tickets are available at rehearsal and through the McLean Orchestra office 2-3 weeks prior to the concert as well as at the door.

**Concert Flyers:**

Each musician will receive several flyers for their orchestra concerts several weeks prior to that concert. Musicians should help get the word out about their exciting performances by distributing these flyers to neighbors and friends, and posting them wherever possible at school and parent' workplaces.

**Recordings, Videos and Photography:**

The McLean Youth Orchestra concerts will be recorded by Sterling Productions whenever possible. Additional recording (audio or video) and still photography are not permitted. Information about ordering CDs will be provided later in our season.

<b>CONCERT ETIQUETTE</b>
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**CONCERT ETIQUETTE FOR MUSICIANS**

1. As you arrive, report to the designated area to unpack your instrument, leave your case and/or warm-up.
2. Performers in concert dress should remain backstage before the concert and during intermission. Musicians can meet their families and friends in the lobby at the conclusion of the concert.
3. When the conductor gives the signal, musicians may go on stage and take their seats. **DO NOT GO ON STAGE WITH CHEWING GUM IN YOUR MOUTH.**
4. Musicians should never enter or leave the stage from the front of the stage, or talk to audience members from the edge of the stage. All entrances and exits should be from backstage.
5. Ask a stage crew member to help you if you need an additional chair or stand, or to remove extra chairs or stands on stage. The stage crew will move all equipment. This is for your safety and convenience as well as etiquette.

6. Once on stage, musicians should warm-up in a professional manner, and continue to play their instruments to warm-up and to get comfortable on stage until the concertmaster begins the tuning process.
7. When the concertmaster steps onto the stage, the audience will applaud. The concertmaster will bow, and turn to the orchestra for tuning. The concertmaster will signal the oboe for the tuning note (a “concert A”). At the concertmaster’s signal, musicians will tune to this A. Winds tune before strings. Musicians should be silent during and after tuning.
8. When the conductor steps onto the stage, the principal cellist stands. The rest of the orchestra should stand when the principal cellist does. Again, the audience will applaud. The orchestra should watch the principal cellist, and sit when he/she does.
9. There should be NO TALKING during the performance.
10. If you feel ill or have a coughing fit during the performance, you may discreetly leave the stage.
11. If a mistake is made by you or someone else, do not draw attention to it by making faces or laughing.
12. At the end of each piece, the conductor may acknowledge soloists from that piece. Soloists should stand at the conductor’s request. When the conductor embraces or shakes the hand of a principal player at the end of a concert, he/she is congratulating the entire section. Musicians should respond to this by taking the conductor’s hand if offered, etc.
13. When the audience is applauding, SMILE! The audience is congratulating you, and you should feel proud of your performance.
14. All cell phones, games and noisy electronic items must be turned off BEFORE you go on stage.

### **CONCERT ETIQUETTE FOR AUDIENCE MEMBERS**

The rule of thumb in classical concert etiquette is to be considerate of the performers and of other audience members, and not cause distractions that will disturb the atmosphere of the performance.

1. Be on time. Don't be the last one to be seated, and if you arrive after a piece has started wait until the piece is over before finding your seat.
2. Don't talk or whisper during a performance. Remember that the performers can hear you every bit as well as you can hear them.
3. Please turn off cell phones, beepers, pagers or wristwatches, video games and any other noisy electronic items. If you are expecting to be contacted by beeper or phone, please set the ringer to vibrate and sit where you can leave the hall without disturbing others.
4. Stay seated except for intermission and the end of the concert, unless you are truly ill and need to leave the concert hall.
5. Don't clap until you're certain that a piece is finished. If the piece has several sections, it is usually not appropriate to clap between the sections. When in doubt, wait to see what the rest of the audience is doing; you don't have to be the first to applaud.
6. Whistling, whooping or shouting is not appropriate at a classical concert, although occasionally someone will call 'bravo' after a particularly fine performance.
7. Every concert does not automatically conclude with a standing ovation.

8. You should not eat or drink anything in the concert space, including candy, where the wrapper can make a particularly distracting noise.
9. Be discreet in the use of your program during the performance. Many people do refer to their program during a piece, especially if they are following the text of a choral piece, but be cautious that you don't drop it or make noisy page turns.
10. Above all, enjoy the music. Everybody experiences concerts in different ways; some people closely follow the printed program during a piece, some listen with their eyes closed, some follow the conductor's every gesture, some do all of these and more. The important thing is to help create and sustain an environment where everyone in the hall can totally immerse himself or herself in the beauty and magic of the live performance of fine music.

Of course, McLean Youth Orchestra audience members happily include many families with small children. However, please be considerate when choosing where to sit, and if you think you may need to leave the hall during the performance, sit near one of the exits. Please turn off cell phones, beepers, video games and any other noisy electronic items. If you are expecting to be contacted by beeper or phone, please set the ringer to vibrate and sit where you can leave the hall without disturbing others.

As mentioned above, please, no photography DURING each concert. Unauthorized videography is prohibited. The MYO uses the services of Sterling Productions.

**IMPORTANT: IF YOU HAVE A CELL PHONE OR PAGER, PLEASE EITHER TURN IT OFF COMPLETELY, OR SET IT TO VIBRATE OR NON-RING MODE.** It is very disruptive to the conductor, musicians and fellow audience members.

## **AUDITION POLICIES AND PROCEDURES**

### **MEMBERSHIP REQUIREMENTS**

Candidates must be approximately 12 to 18 years of age and be junior high or high school students. A player coach may be 18 years or older. However, unusually talented younger musicians may be considered. Current members of the McLean Youth Orchestra may or may not be required to audition.

MYO membership is based on musical ability as well as MYO's specific needs for the season. Student placement is competitive and is ranked in order of artistic quality. Those qualities include: superiority of tone, intonation, vibrato, dynamic range, musicality and accuracy. Although a student may be able to perform all requirements, he or she may still not qualify for a particular season. There is a \$20 non-refundable audition fee and the application can be downloaded from [www.mclean-orchestra.org](http://www.mclean-orchestra.org).

### **Audition Schedule:**

Auditions are generally held between June and September. Appointments are required for all auditions. Students must allow time for tuning and warm-up.

### **Special Auditions:**

When there is a special need, some musicians may audition during the season. Special auditions will be at the discretion of the conductor in concurrence with the Executive Director. Musicians who gain admission to the orchestra through a special audition will not cause another musician to lose membership in the orchestra.

There is a non-refundable \$20 audition fee for all auditions. This is used to support the MYO scholarship fund and the Henrietta Anderson competition fund.

### **PLACEMENT AND RETENTION**

Once admitted to the orchestra, placement, seating and retention in the orchestra is at the discretion of the conductor and is based on musical ability, the needs of a particular section and the needs of the orchestra as a whole. Seating within an orchestra may be changed during the season at the discretion of the conductor. Musicians will be removed from the orchestra for disciplinary reasons, chronic absences, or for performances substantially below the standard of the orchestra. Musicians will be expelled from the orchestra by the conductor and the Executive Director for any of the above reasons after a warning and notification to the parent or guardian. The decision of the conductor and the Executive Director is final and tuition WILL NOT be refunded in these cases.

### **POSITIONS WITHIN ORCHESTRAS**

Orchestra members are selected by the conductor for principal or section positions based on auditions, the conductor's discretion, the quality of the sound to be achieved, and the good of the orchestra.

### **THE CONDUCTOR RESERVES THE RIGHT TO ALTER ANY SEATING ARRANGEMENTS OR PROCEDURES AT ANY TIME FOR THE GOOD OF THE ORCHESTRA.**

### **SCHOOL MUSIC PROGRAMS**

We prefer that students participate in their school music programs, if offered. However, participation or seating in these programs or in other musical organizations of orchestras cannot be considered in determining participation in or seating within the McLean Youth Orchestra.

School music programs provide an excellent place for young musicians to receive musical education. Playing in an ensemble daily is an invaluable experience. Benefits also include access to regional and state orchestras as well as solo and ensemble festivals, opportunities to play parts other than those played in the McLean Youth Orchestra, opportunities to compete and meet other musicians and access to information which college music programs and music camps distribute through the schools. You can also make a contribution to your school program by sharing your talents and experiences, and to repay the start in music you may have received from your school.

### **PRIVATE STUDY**

Musicians are strongly encouraged to have private music lessons. If a child does not have a private teacher, a list of references can be acquired from Ms. Anderson. Private music teachers are encouraged to advise their students to audition for the McLean Youth Orchestra and to prepare them for the audition. However, recommendations from music teachers or parents will not be considered in determining participation in or seating within the McLean Youth Orchestra. Musicians are expected to maintain an interest in music and at least the level of competency demonstrated at the time of their acceptance to the McLean Youth Orchestra.

## **ADDITIONAL OPPORTUNITIES FOR MYO MUSICIANS**

### **Student Conducting:**

A student may study conducting with Ms. Anderson. There will be an opportunity to lead the MYO in a piece at a program. High school or college credit may be arranged by Ms. Anderson.

### **Community Service Credit:**

The McLean Youth Orchestra provides service to the community through its concerts, therefore, hours necessary for community service projects can be accumulated through participation in the orchestra.

### **POINTS For School Orchestra Letters:**

Community service credit can be given to your child through the McLean Youth Orchestra. Some Fairfax County school systems require this for graduation. Ms. Anderson has additional work projects that can be performed by members. Please call her at (703) 451-2399 for more information.

### **Outreach Concerts:**

Community concerts are one way that the orchestra can reach out into the local area to share the magic of music with people who are not already part of our regular audience and also to encourage the appreciation of orchestral music. Outreach concerts provide young musicians an educationally enriching experience and bolster their confidence by repeating a performance of works they have rehearsed for many weeks. Such opportunities include concerts with the McLean Orchestra, Rotary clubs and civic associations, retirement centers, shopping malls and retail stores, embassies, and the McLean Orchestra Patrons' Gala.

### **Summer Chamber Session:**

A summer chamber session is held from June or July to August over a six-week period. Once a week rehearsals on Wednesday evenings from 7-9 PM allow for teaching quartets, trios and a small chamber orchestra. Public performances take place.

### **Cultural Exchanges:**

In keeping with our mission statement, to visit and perform with students outside of the United States, Chiba students from Japan visit may during 2010. Next MYO visit to Japan will tentatively be during Spring Break 2011.

### **Henrietta Anderson Competition:**

This competition is held in those years when supported by enough participants to sustain an award. Participating musicians must be able to play at the senior concerto level. In years when the competition is not held, a recital is scheduled at the Lyceum. Participants interested in either event will register no later than January 30, 2010. The participation fee, for either event, is \$20. Participants will be expected to provide their own accompanist.

### **McLean Orchestra Concerts:**

Youth orchestra members may attend McLean Orchestra concerts with a complimentary ticket. Additional tickets are available at the musician rate of \$10 for adults and \$5 for youth under 18.

Discounted tickets must be requested and purchased by the Thursday before the desired concert weekend. The December 13, 2009, concert is geared to families with children. Concerts are at Oakcrest School. Please see calendar on page four for exact times and dates. For detailed concert descriptions please visit the orchestra website: [www.mclean-orchestra.org](http://www.mclean-orchestra.org).

Please contact the McLean Orchestra office at 703-893-8646 for more information and ticket requests.

### **NOVA College Credit**

As a NOVA faculty member, Ms. Anderson may help students arrange to receive Advanced Placement (AP) high school/dual credit or transferable college credits from NOVA for participation in String Orchestra, Wind Ensemble and applied music lessons. Please contact Ms. Anderson at 703-451-2399 for dual enrollment forms.

## **INFORMATION FOR PARENTS**

The most valuable contribution that parents can make is to support their musician's obligation to attend all rehearsals and concerts and to encourage practice and private lessons.

### **FEES**

Fees are necessary to finance the overall McLean Youth Orchestra program. The current yearly tuition is \$575 plus a one-time \$15 T-shirt purchase fee.

### **Scholarships:**

A limited number of scholarships may be available to musicians who demonstrate financial need. Anyone accepting this scholarship **MUST** be in the McLean Youth Orchestra as a participating player who maintains an excellent attendance record. These awards are based on the budgetary constraints of the McLean Youth Orchestra, membership status, and the needs of the orchestra's various sections.

Notification of acceptance of the scholarship will be given in writing to the parent and student. Personal information given to the committee and the conductor of the McLean Youth Orchestra is regarded as strictly confidential.

Scholarship awards are for tuition only. Except in rare cases of extreme financial distress, scholarships will be awarded for partial tuition rather than full tuition. In the case of a partial award, the remainder of the tuition due should be paid immediately unless special arrangements are made with the Executive Director.

For questions regarding tuition fees, scholarships, and/or payment arrangements, please call the McLean Orchestra Executive Director, Jennifer Seamster, at 703-893-8646.

### **Insurance:**

The McLean Orchestra cannot be responsible for all risk situations regarding instruments owned by individual members. Parents should check their household policy to ensure adequate coverage.

## **PARENT MEETINGS**

At least one parent of each musician (or household for multiple musicians) should attend at least one parent meeting per quarter. Please check the current schedule for meeting dates. Mailing costs prohibit updating parents who do not attend meetings. These meetings are announced through the email system, web site, phone (703-893-8646) and posted on the calendar.

## **VOLUNTEERISM**

Many volunteer hours are required to meet the needs of the McLean Youth Orchestra program. Parents will receive a volunteer form during the orientation at the beginning of each season. This form will offer you the opportunity to indicate volunteer preferences. Each family should expect to be called upon to volunteer at least once during the season.

## **FUND RAISING**

Although the MYO charges annual tuition, these fees do not cover all expenses. Cutbacks in government arts funding mean we rely upon the support of generous individual and business patrons. While some funds come through the support of the McLean Orchestra, additional gifts are appreciated. Throughout the year, contributions are sought from patrons, parents and relatives of musicians, area businesses, foundations, and professional groups. All gifts are greatly appreciated and may be used for music, honorariums for guest performers, and judges for competitions.

You may be able to double the impact of your gift if you work for one of the many businesses that match gifts employees make to cultural organizations. Please inquire at your company's personnel office to see if they will match your donation. As a program of the McLean Orchestra, the MYO is a tax-exempt organization. If you have any further questions, please contact the Executive Director.

## **CONCERNS/SUGGESTIONS**

Pat Friend is the MYO representative to the Board or Trustees. If you have any concerns or suggestions, please contact her and she will convey them to the appropriate person.



## **CONDUCTOR BIOGRAPHIES**

This year, **Pauline (Tina) Anderson** begins her twenty-sixth year as Director of the McLean Youth Orchestra (MYO). She has consistently produced outstanding musical performances while exhibiting a caring interest in each musician in the youth orchestra. Her high artistic goals along with the dedication of the musicians have resulted in the growing reputation for excellence that the MYO enjoys today.

Ms. Anderson earned both a Bachelor of Music degree and a Master of Music degree from The Catholic University of America. She holds a Diploma in Voice Performance from Rice University, a Special Certificate in Suzuki Education, also from Catholic University, and she studied church music at Shenandoah Conservatory of Music for three years. Ms. Anderson received her conducting training

with Anthony Maiello at George Mason University, and recently performed in a master class for the National Symphony Orchestra Music Director, Leonard Slatkin.

Ms. Anderson continues to maintain a private teaching studio in Springfield, where she teaches 30 students a week. As a performing artist, Ms. Anderson has recorded for the Williamsburg Collection, and is the founding member of *Musikfest Players*, a professional string quartet. Ms. Anderson plays first violin with the McLean Orchestra. Along with these activities, Ms. Anderson has written a forty-eight page textbook on violin technique entitled *The Violin Shift*, with an evaluation preface by Josef Gingold. She is a faculty member at Northern Virginia Community College, Alexandria Campus, teaching Chamber Music and Applied Music

Ms. Anderson served on the Youth Division Board of the American Symphony Orchestra League. Other honors include a Commendation in recognition of her fourteen year anniversary as Director of the MYO, by the General Assembly of Virginia, the Senate, and the House of Delegates. She was listed in the international edition of *Who's Who in Music* for the year 2000. Ms. Anderson is a descendant member of the Knights of the Garter and was knighted Dame Pauline Anderson in 1996 at the College of Preachers, Washington National Cathedral, Washington, D.C. In 1998, she received the Order of the Grand Croix from Her Highness Princess Elisabeth and Prince Ludwig Ferdinand of Ysenburg and Büdingen, Germany. She received the 2003-2004 Kennedy Center Award for the People to People Project. She was recognized for helping to organize orchestra programs in Peru, Colombia, Haiti and Honduras. Ms. Anderson is listed in the Alumni Success Stories at *S.C. Magazine*, Spring, 2009.

Ms. Anderson is involved in a post-graduate program at Virginia Theological Seminary.

**Deborah R. Volker**, violinist, is a native of Lansdale, Pennsylvania. She received a Bachelor of Music degree, Professional Studies Certificate and Teacher Certification from Temple University, a Master of Music degree from Northwestern University and Doctor of Musical Arts degree from The Catholic University of America. Her teachers have included Helen Kwalwasser, Myron Kartman, Luis Biava and Robert Gerle. She has studied conducting with Piotr Gajewski.

In August of 1993, Dr. Volker joined the United States Air Force where she is a Senior Master Sergeant (SMSgt) in The United States Air Force Band. Her duties include performing with the Strolling Strings, String Orchestra, Chamber Orchestra, Symphony Orchestra as well as various other ensembles. As a member of the Air Force Strings, SMSgt Volker has performed at the White House, at official state dinners, on Capitol Hill for members of Congress and at official diplomatic events. She also serves as Unit Health Monitor and Self Aid/Buddy Care Monitor/Instructor for The USAF Band as well as Public Affairs Representative and Assistant Strolling Leader for The Strings

Dr. Volker is an active member of Sigma Alpha Iota International Music Fraternity and currently serves as Iota A Province Officer. She was named the 11th Wing Military Volunteer of the Year for 2002 and awarded the Military Outstanding Volunteer Service Medal, first bronze star, for her work with MYO and Sigma Alpha Iota as well as her work as an EMS with the Fairfax County Fire and Rescue Department, Franconia Volunteer Fire Station.

## **AWARDS AND COMMENDATIONS RECEIVED BY THE MYO**

The McLean Youth Orchestra is the only youth orchestra to have performed for the Congressional Awards Ceremony in the Cannon Caucus Building, U.S. Senate (1995-1997)

The following are a list of Letters of Commendation received by the McLean Youth Orchestra:

1999 - Letter from Katherine Hanley, Fairfax County Supervisor

1999 - Letter from the Virginia State House of Delegates

1997 - Letter from the Superintendent of Education from Chiba, Japan

2001 – Letter from the Lt. Governor of Virginia

2001 – Letter from the Virginia State House of Delegates

2001 – Letter from the Fairfax County School Board President

2001 – Letter from Stuart Mendelsohn, Fairfax County Board of Supervisors

2004 - Invitation to play for President George W. Bush, NOVA Community College, Annandale, VA

2005 – The VA Federation of Music Clubs Solo Festival. Superior Rating for 3 consecutive years.

2006 – Commendation Letter from Senate of the Commonwealth of Virginia

2006 – Letter of Congratulations from the Governor of Virginia, Tim Kaine

2007 – VA Federation of Music Teachers Superior Plus rating.

2008 – VA State representative at National Federation of States International Concert